



Upanishads

Linked to Presentation *DS78 Upanishads*

The term “Upanishad” is derived from:

	Meaning
<i>upa</i>	
<i>ni</i>	
<i>S(h)ad</i>	

Therefore, the meaning of the term “Upanishad” is...

The Upanishads are a collection of:

- 1.
- 2.
- 3.
- 4.
- 5.

The Upanishads:

- form the last section of the _____.
- are writings comprised to further develop _____ knowledge already attained in _____ scriptures.
- are the actual vehicle to attaining _____, which brings them to oneness with _____.



Major concepts of the Upanishads:

- the nature of _____
- the nature of _____
- _____ of the world
- creation of _____
- man's role in the _____ and how he relates to it
- ideal human _____
- practice of _____
- nature of _____
- purpose of _____
- true _____
- the nature of true _____ (vidya) and _____ (avidya)
- the nature of _____
- the concept of _____, incarnation of _____

Match the correct meaning to the following:

		Everyday phrase
VEDANTA		the animating energy in any living creature; the soul, the real or true self.
VEDA		spiritual teacher or master.
BRAHMAN		a system of philosophy composed at the end of the Vedic period.
ATMAN		the god of creation.
MOKSA		the body of sacred knowledge held to be the basis of true belief and practice among Hindus.
SAMSARA		the liberation of the soul from successive births and deaths.
GURU		illusion.
UPANISHAD		the cycle of successive births, deaths and rebirths.
BRAHMA		writings of Hindu gurus.
MAYA		the Supreme Spirit in Hinduism.



Solutions to Worksheet OR-H543 Upanishads

Solutions can be found in the Presentation *DS78 Upanishads*

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