

Hinduism Overview

Hinduism is the oldest of the World Religions.

Complete the table:

Place of Origin	
Founder	
Sacred Texts	
Sacred Building	
Major Festivals	
Holy Places	

What do Hindus believe?

Complete the sentences below:

Hindus believe in a universal soul or _____ called _____.

Hindus believe that there is a part of Brahman in _____ and this is called the _____.

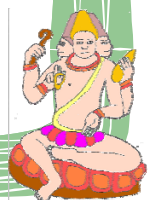
Hindus believe in reincarnation - a belief that the soul is _____ and lives many _____, in one body after _____.

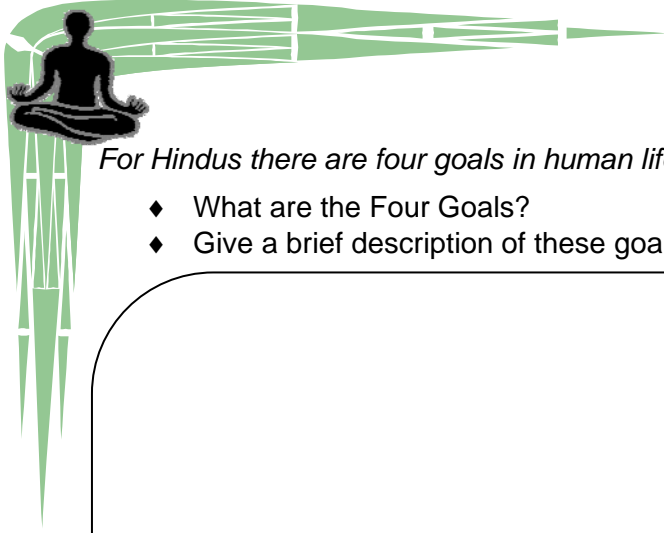
The cycle of repeated _____ and _____ is known as samsara. This cycle is governed by _____.

Hindus believe that the _____ passes through a cycle of successive _____ and its next incarnation is always _____ on how the previous life was _____. This is known as Karma, it is the cause of a Hindu's particular _____.

The spiritual goal of a Hindu is to become _____ with Brahma. This freedom is referred to as _____.

ANOTHER	ATMAN	BIRTHS	BRAHMAN	DEATHS	DEPENDENT
DESTINY	ETERNAL	EVERYONE	GOD	KARMA	
LIFETIMES	LIVED	LIVES	MOKSHA	ONE	SOUL





For Hindus there are four goals in human life.

- ◆ What are the Four Goals?
- ◆ Give a brief description of these goals.

Name the four paths that lead to Moksha

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- ◆ Name one Hindu god.
- ◆ Draw this god.
- ◆ Known as...
- ◆ Give a description of this god.



Solutions to Worksheet OR-H102: Hinduism Overview

Hindus believe in a universal soul or **God** called **Brahman**.

Hindus believe that there is a part of Brahman in **everyone** and this is called the **Atman**.

Hindus believe in reincarnation - a belief that the soul is **eternal** and lives many **lifetimes**, in one body after **another**.

The cycle of repeated **births** and **deaths** is known as samsara. This cycle is governed by **karma**.

Hindus believe that the **soul** passes through a cycle of successive **lives** and its next incarnation is always **dependent** on how the previous life was **lived**. This is known as Karma, it is the cause of a Hindu's particular **destiny**.

The spiritual goal of a Hindu is to become **one** with Brahma. This freedom is referred to as **moksha**.

Useful web sites for the students to enable them to complete the worksheet:

United Religions Initiative: http://www.uri.org/kids/world_hind_basi.htm

Hinduism for Schools: <http://www.hinduacademy.org/schools/ks4.htm>